## **CLAIMS**

## What is claimed is:

- 1. A method of maintaining a temperature in a refrigerated compartment comprising the steps of:
  - a) cooling the refrigerated compartment;
  - b) providing a signal to stop step a) for a predetermined amount of time; and
- c) cooling the refrigerated compartment after the predetermined amount of time.
- 2. The method as recited in claim 1 further comprising the steps of: compressing a refrigerant to a high pressure; cooling the refrigerant; expanding the refrigerant to a low pressure; and

heating the refrigerant, and the step of heating the refrigerant includes accepting heat from a fluid medium to cool the refrigerated compartment.

- 3. The method as recited in claim 2 wherein the step of heating comprises employing a first evaporator and a second evaporator.
- 4. The method as recited in claim 3 further including the step of operating the first evaporator and the second evaporator independently.
- 5. The method as recited in claim 1 wherein the step of providing the signal comprises pressing a button.
- 6. The method as recited in claim 1 wherein the predetermined amount of time is between 5 minutes and 120 minutes.
- 7. The method as recited in claim 6 wherein the predetermined amount of time is between 15 minutes and 30 minutes.

- 8 The method as recited in claim 1 wherein the predetermined amount of time is between 8 hours and 48 hours.
- 9. The method as recited in claim 1 wherein the refrigerated compartment is one of a display case and a service cabinet.
- 10. The method as recited in claim 1 wherein the refrigerated compartment is employed with medical and scientific applications.
- 11. The method as recited in claim 1 further comprising the step of providing a second signal to begin cooling the refrigerated compartment before the predetermined time.
- 12. The method as recited in claim 1 wherein the method is monitored remotely.
- 13. The method as recited in claim 1 further including the steps of sensing the temperature in the refrigerated compartment and providing a second signal to stop the step of cooling after step c), and the step of providing a second signal occurs when the step of sensing detects that the temperature in the refrigerated compartment exceeds a threshold value.
- 14. The method as recited in claim 13 wherein the step of providing a second signal occurs after a threshold amount of time.

15. A system for maintaining a temperature in a refrigerated compartment comprising:

a controller to regulate the temperature in the refrigerated compartment; and an evaporator to cool the refrigerated compartment, and the evaporator stops cooling the refrigerated compartment for a predetermined amount of time in response to a signal.

- 16. The system as recited in claim 15 further comprising:a compressor to a refrigerant to a high pressure;a condenser for cooling the refrigerant; andan expansion device to expand the refrigerant to a low pressure.
- 17. The system as recited in claim 15 wherein the evaporator heats a refrigerant by accepting heat from a fluid medium, and the fluid medium cools the refrigerated compartment.
- 18. The system as recited in claim 15 further comprising a button to generate the signal.
- 19. The system as recited in claim 15 further comprising more than one button to generate the signal.
- 20. The system as recited in claim 15 wherein the predetermined amount of time is between 15 minutes and 30 minutes.
- 21. The system as recited in claim 15 further including a temperature sensor to detect the temperature in the refrigerated compartment, and wherein the evaporator stops cooling the refrigerated compartment in response to a second signal after the predetermined time if the temperature sensor detects that the temperature is above a threshold temperature.

22. The system as recited in claim 15 further including second evaporator.